

ONE-DAY HEARING VOICES AWARENESS TRAINING

Dates: 6 or 7 July 2015. Venue: School of Nursing and Midwifery, Brookfield Health Sciences Complex, University College Cork. To apply email h.gijbels@ucc.ie specifying name and date.

Hosted by the School of Nursing and Midwifery, UCC, organised by the Irish Institute of Mental Health Nursing and funded by the Office of the Nursing and Midwifery Services Director

A rare opportunity to work with a trainer with both personal and professional experience, awareness and skills in the understanding of Hearing Voices



Hearing Voices Awareness Training offers participants an opportunity to develop a greater understanding of the experience of hearing voices and to increase participant's confidence and skills in supporting people who hear voices.

Course content:

- The Subjective Experience of Voice Hearing
- Deconstructing Voices: Simulation exercise
- The Hearing Voices Movement
- Current Research and Innovative Approaches to Hearing Voices
- The Relationship Between Hearing Voices and Life Experiences: Understanding the Issues That Lay at the Roots of the Voice Hearing Experience
- Living with voices: Coping Strategies That May be Useful to People who Hear Voices
- How to Help: Developing Supportive Alliances with Voice Hearers

Suitable for anyone wishing to understand more about hearing voices including mental health and social care professionals, voice hearers and their friends, families and allies. 25 places max. Places for mental health nurses are prioritized.



Jacqui Dillon is a respected speaker, writer and activist, and has lectured and published worldwide on trauma and abuse, 'psychosis', dissociation and recovery. Jacqui is the national Chair of the Hearing Voices Network in England, Honorary Lecturer in Clinical Psychology at the University of East London, Honorary Research Fellow at Durham University and Birmingham City University. Along with Professor Marius Romme and Dr Sandra Escher she is the co-editor of *Living with Voices*, an anthology of 50 voice hearers' stories of recovery. She is also co-editor of *Demedicalising Misery: Psychiatry, Psychology and the Human Condition*, and *Models of Madness* (2nd Edition). She has published numerous articles and papers and is on the editorial board of the journal *Psychosis: Psychological, Social and Integrative Approaches*. Jacqui is also a voice hearer.

For further information please see: www.jacquidillon.org

