

HEARING VOICES WORKSHOP

March 13th, Raddison Hotel, Athlone, Westmeath

PROGRAMME FOR THE DAY

Presented by Karen Boylan (Shine) & Brian Hartnett (HVI)

- 09.30 Registration / Tea and coffee
- 10.00 Welcome and introduction
- 10.10 Car park of questions, concerns and ideas
- 10.20 Presentation: Background and Hearing voices – experiences and frameworks for understanding
- 10.30 Presentation: Hearing voices in context
- 10.45 Presentation: Making sense of the experience
- 11.00 Presentation: Supporting voice hearers
- 11.15 Presentation: Evidence from focus group / organisational level
- 11.30 Break: Tea and coffee

- 11.45 Presentation: Where do I start?
- 12.00 Presentation: Intentional listening
- 12.15 Presentation: An approach to supporting voice hearers
- 12.30 Presentation: Coping with voices
- 12.45 Morning review
- 13.00 Lunch

- 14.00 Eleanor Longden film followed by brief discussion
- 14.30 Personal recovery story followed by Q&A session
- 15.45 Wrapping up and presentation of first edition of resource manual
- 16.00 Finish

