

# HEARING VOICES WORKSHOP

March 13<sup>th</sup>, Raddison Hotel, Athlone, Westmeath

## INFORMATION SHEET

**BACKGROUND** This hearing voices workshop run by Shine and Hearing Voices Ireland (HVI) came about as a result of initial research and development by Aoife Farrell of Shine in 2013 into the whole area of hearing voices. Brian Hartnett of HVI was then brought in as a consultant to help design a two day training programme for Shine staff to enable them to work more effectively with individual voice hearers coming to Shine facilities. This training was delivered in Dublin in October 2013. As a result of the success of the training it was decided to roll out this series of workshops around the country to provide information and support to voice hearers, family and friends, and support workers.

**SHINE** [www.shineonline.ie](http://www.shineonline.ie) Shine is the national organisation dedicated to upholding the rights and addressing the needs of all those affected by mental ill health, through the promotion and provision of high-quality services and working to ensure the continual enhancement of the quality of life of the people it serves.

**HEARING VOICES IRELAND (HVI)** [www.voicesireland.com](http://www.voicesireland.com) HVI was founded in 2006 by Brian Hartnett who first started hearing voices in 1990. HVI wish to 'Promote and foster acceptance of voice hearing as a valid human experience'. Brian will be sharing his personal story as part of this workshop.

**VOICE HEARING RESOURCE MANUAL** The first edition of this manual will be given to participants at the end of the workshop. Put together by Shine and HVI it aims to provide information and support for voice hearers, supporters, and those who work with them.

